

# WINDSOR COA NEWS

## May/June 2023

*Our mission is to serve older Windsor adults by providing opportunities and resources that advance the quality of life in a rural community.*

The Executive Office of Elder Affairs provides financial support for this COA publication

### **Come to the Community Coffees!**

The next two dates are set: May 17<sup>th</sup> and June 21<sup>st</sup> on Wednesdays from 10-12. Come for coffee, tea, bagels, fresh fruit, baked goodies and great conversation.

To help us in planning enough food, please call Jessica Buoymaster at 413-329-4364 with your RSVP. (If we need to cancel, you will get a call if you are registered).

**FYI:** There will be NO Community Coffees in July and August. We will see you again in September. (Hmmm, that sounds like a song!)

### **Program Reviews**

Two recent programs were excellent! The **CAREGIVERS WORKSHOP** presented on March 22<sup>nd</sup> by ESBC staff, Brian Reynolds, Isaac Share and Marybeth McDonough was well-attended and very informative. They shared information about their many services, including some for those caring for family members with memory loss. If you missed the presentation but would like to speak with one of them, call Elder Services of Berkshire County at 413-499-0524.

On April 12<sup>th</sup>, Jean Wagner, RN offered attendees **FOOT CARE TIPS** (especially important as we get older). As well-informed as we thought we were, we all learned something! Thank you, Jean!

### **Transportation Service for Residents**

For several months now, your COA Board members and Select Board member, Janet Sadlo have been discussing possible ways to meet the growing number of our residents needing rides to medical appointments, pharmacies, etc. As we continue to brainstorm long term solutions, in the short term, we would like to find good drivers willing to use their own cars to help their neighbors. If you might be interested in learning more, please call Sue Jacobs, 413-684-3191. We would love to hear from you.

**Reminder:** We have additional COVID test kits and masks (N95 as well as cloth) for any residents in need of them. Please call Jessica or send her a text at 413-329-4364 and she will make arrangements to get them to you.

### **Something to make you smile....**

1. *What would bears be without bees?*
2. *What did one hat say to the other?*
3. *If you're American when you go in the bathroom and American when you come out, what are you while you're in the bathroom?*

*(Answers are on the bottom of the next page).*

## HILLTOWN TRAVELERS

Windsor residents have been invited to join the Hilltown Travelers on their upcoming trips. This is a group of eight COA's (Adams, Cheshire, Clarksburg, Dalton, Hinsdale/Peru, North Adams, Pittsfield and Williamstown) who are jointly planning trips, having learned that a single community cannot always fill a bus, but multiple communities can!

The following trips have seats available.  
(Your payment is due with your reservation).

### **DUTCH APPLE CRUISE**

Date: Friday, June 23, 2023

Cruise on the Hudson River from Albany  
With a brunch stop (on your own) at  
Cracker Barrel on the way to the cruise.  
Cost: \$59 pp (Does NOT include lunch!)

Reservations due by June 1st  
(They are booking a second bus!)

#### **Payment due with reservation**

Trip Coordinator: Peter Traub

Call 413-743-9719

#### **Pick up Locations:**

Adams 9:30

Cheshire 9:45

Pittsfield (Allendale) 10:00

### **MEMORIES OF PATSY CLINE**

At the Log Cabin in Easthampton

Date: Thursday, September 21, 2023

Cost: \$105 pp includes bus, show and lunch  
Reservations due by August 21<sup>st</sup>

#### **Payment due with reservation**

Trip Coordinator: Pat Lescarbeau

Call: 413-662-3125

#### **Pick up Locations:**

North Adams 9:30

Adams 10:00

Pittsfield (Allendale) 10:30

## CLOTHING SWAP

In case you missed Lynn Unwin's post on our famous Windsor Face Book page, there will be a "Clothing Swap" on Sunday, May 21<sup>st</sup> from 10AM to 2PM at the Windsor Town Hall.

This is a great opportunity to clean your closets! Find, swap or gift previously cherished clothing or like items at NO COST!

Bring men's and women's and children's clothing, arrange your treasures on a table (you might bring your own) and peruse the treasures of others. (Did we mention it's FREE?)

NOTE: This is not a "drop your things off and not come back" event. You are responsible for your own items. Anything left must be removed by 2 PM. For more information, call Jessica Buoymaster.

## Library Summer Reading Program

Our Windsor Library is offering a summer reading program on seven consecutive Saturdays beginning July 1<sup>st</sup> at 11:30 AM. Katherine Richter, Librarian is looking for folks who like to read aloud to children to drop in at (or call) the Library to choose a Saturday as well as a book to read to the group. (The other six dates are July 8, 15, 22, 29 and August 5 and 12).

Library days/hours are Mondays, 5-7 PM; Wednesdays, 2-7 PM and Saturdays, 10 AM to 1 PM. You can call Katherine at 413-684-3811 ext. 6.

### ***Something to make you smile...***

***Answers: 1. Ears. 2. You stay here and I'll go on ahead. 3. European.***

